🌿 AYURVEDA DAY CELEBRATIONS 2026 🌿

"Ayurveda for a Healthier Tomorrow"

Maharana Pratap Ayurvedic Medical College & Hospital (MPAMC)

📍 *Ishwarganj, Bithoor Road, Kalyanpur, Kanpur, Uttar Pradesh - 209217*

📅 **Event Window:** September 10 – September 23, 2026

📜 EXECUTIVE SUMMARY

Under the visionary directives of the **National Commission for Indian System of Medicine (NCISM)** and the **Ministry of Ayush, Government of India**, MPAMC Kanpur organized an extensive, multi-week series of academic, clinical, cultural, and community outreach events. Integrating classical wisdom with modern clinical practice and creative student engagement, these initiatives actively involved BAMS students, faculty, healthcare professionals, and the local community.

📅 CHRONOLOGICAL EVENT HIGHLIGHTS & PHOTO GALLERY

🩺 1. Seminar: Panchgavya Therapy

- **Date & Time:** September 10, 2026 | 10:15 AM – 1:00 PM
- **Venue:** Seminar Hall, A-Block
- **Organizers:** Dept. of Rasa Shastra & Bhaishajya Kalpana (RSBK) & Research Cell
- **Chief Guest: Shri Sunil B. Mansinghka Ji** *(Member, NITI Aayog Cow Dung & Urine Utilisation Committee)*

- **Key Focus:** Exploring the therapeutic potential of five cow-derived products in managing chronic and lifestyle-related metabolic disorders.

🖼️ **EVENT PHOTO GALLERY (UPLOAD OR PASTE IMAGES BELOW)**




राष्ट्रीय स्वयंसेवक संघ
ब्रह्मावर्त नगर, कानपुर पश्चिम भाग
युवा संवाद
महाराणा प्रताप आयुर्वेदिक
मेडिकल कॉलेज
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राष्ट्रीय स्वयंसेवक संघ
युवा संवाद
महाराणा प्रताप आयुर्वेदिक
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🎨 2. Ayurveda Day Rangoli Competition

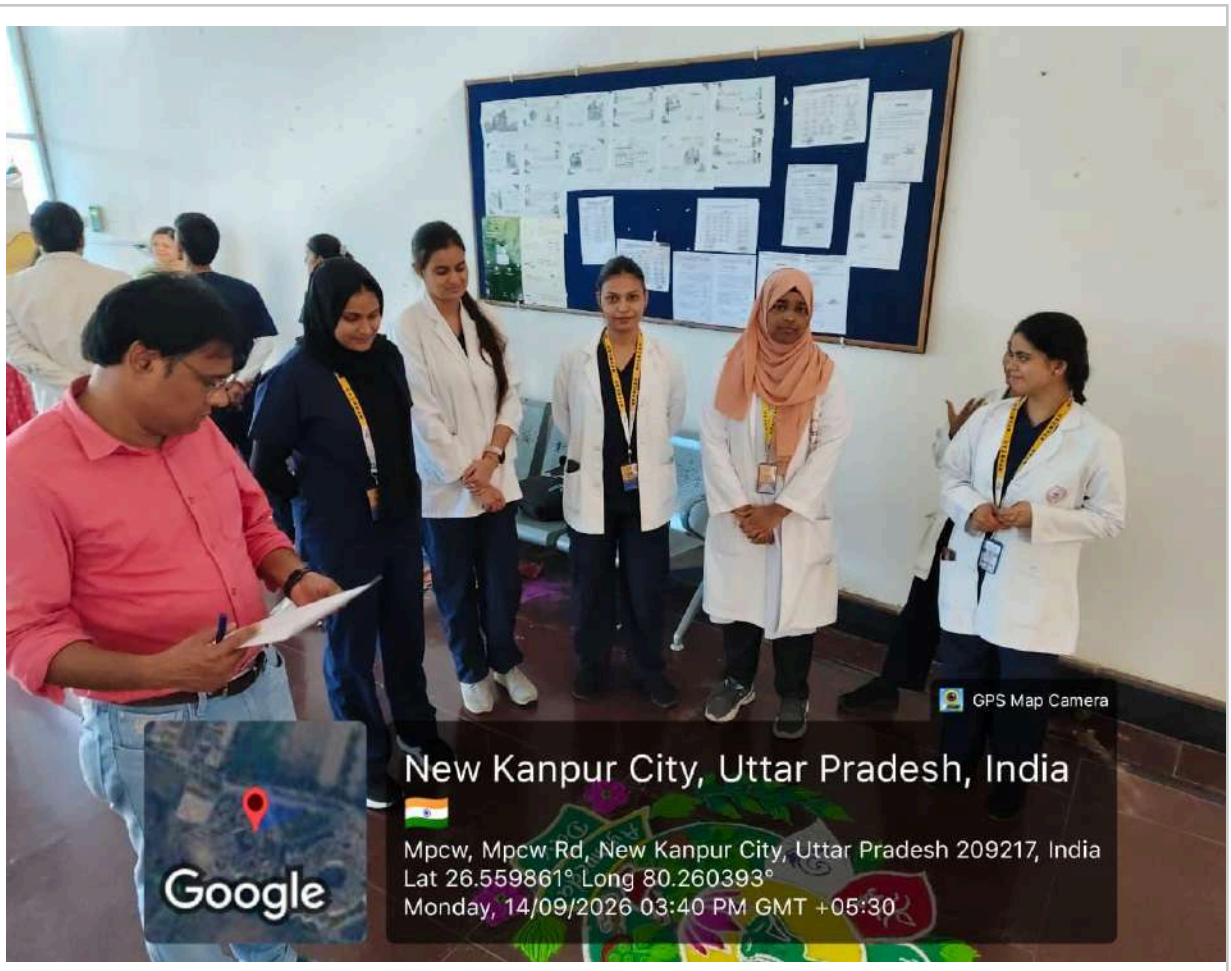
- **Date & Time:** September 14, 2026 | 02:40 PM – 03:49 PM[cite: 2]
- **Venue:** Ground Floor Entrance Hallway[cite: 2]
- **Nodal Officer:** Dr. Nitin Awadhiya[cite: 2]
- **Highlights:** 8 student teams showcased intricate floor art visually portraying core Ayurvedic principles like *Tridosha*, *Rutu*, and general wellness[cite: 2].

🖼️ **EVENT PHOTO GALLERY (UPLOAD OR PASTE IMAGES BELOW)**


GPS Map Camera
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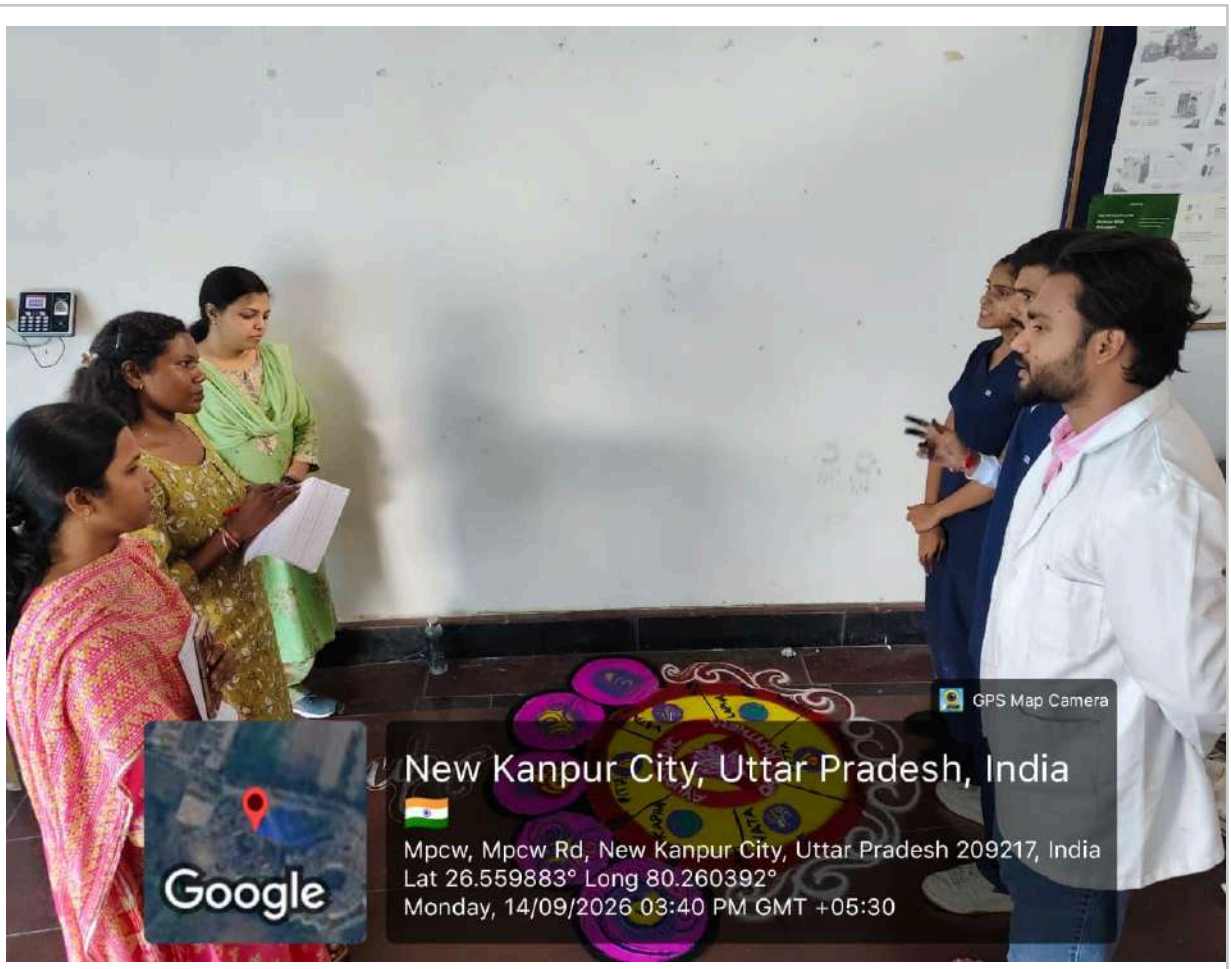
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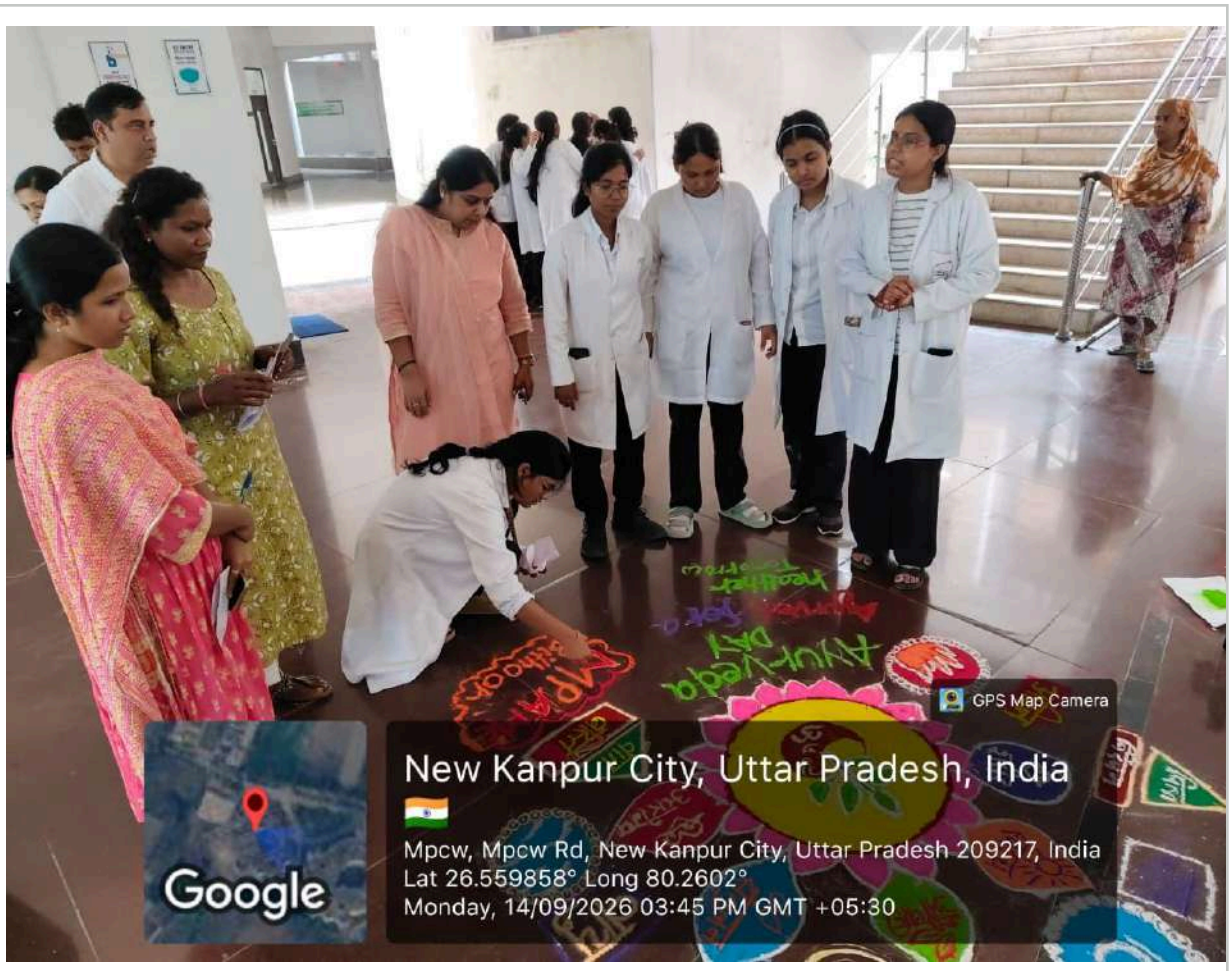

KAPHA
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शुभ
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🧪 3. RSBK Department Formulations Exhibition

- **Date & Time:** September 15, 2026 | 03:12 PM – 04:00 PM[cite: 3]
- **Venue:** MPAMC Campus Exhibition Hall[cite: 3]
- **Organizers:** Dept. of Rasa Shastra evam Bhaishajya Kalpana[cite: 3]
- **Highlights:** Live demonstrations and explanations of classical herbal-mineral formulations including *Sitopaladi Churna*, *Trikatu Churna*, *Shankh Bhasma*, and *Abhrak* by BAMS batch 2024[cite: 3].

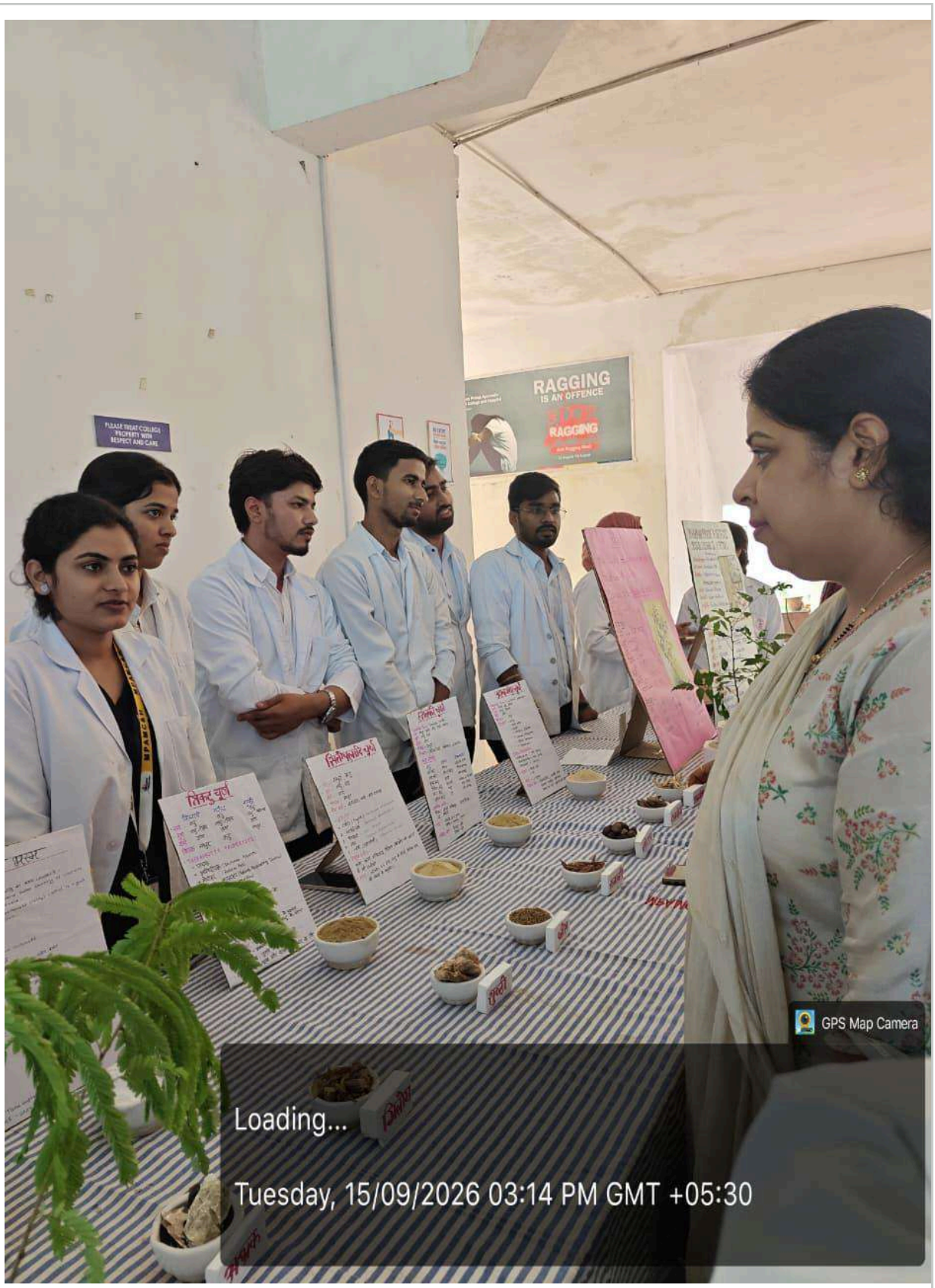
🖼️ **EVENT PHOTO GALLERY (UPLOAD OR PASTE IMAGES BELOW)**


11th National Ayurveda Day
NIMB
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[cite: 3]


Medical College & Hospital
Road, Kanpur Nagar, UP
त्रिफला चूर्ण
हरीतकी चूर्ण
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[cite: 3]


PLEASE TREAT COLLEGE PROPERTY WITH RESPECT AND CARE
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[cite: 3]



🌿 4. Dravya Guna Medicinal Plant Exhibition

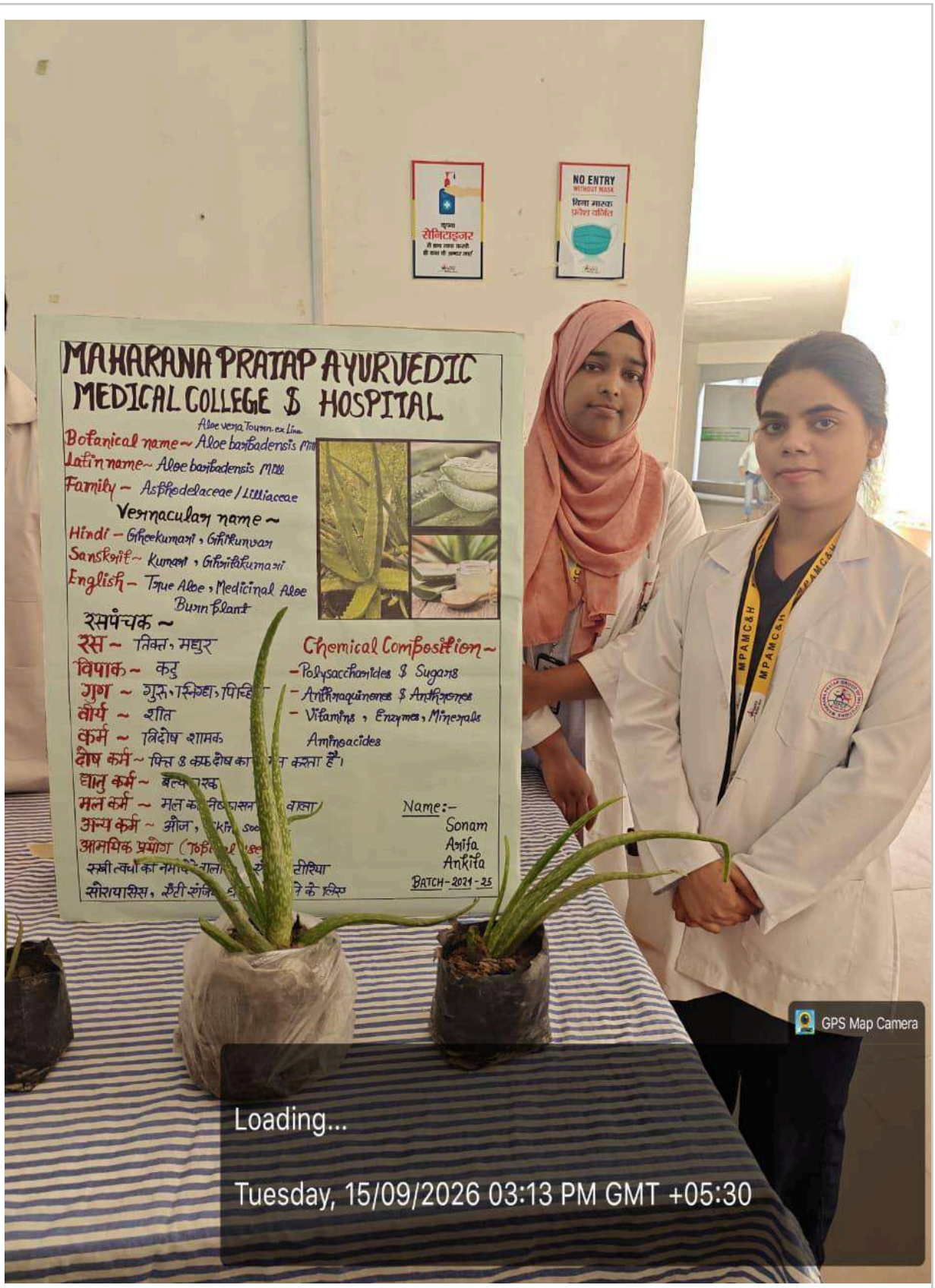
- **Date & Time:** September 15, 2026 | 03:26 PM – 03:58 PM[cite: 8]
- **Venue:** MPAMC Campus[cite: 8]
- **Organizers:** Dept. of Dravya Guna (Dr. Dharmendra Yadav & Dr. Mamta Ojha)[cite: 8]
- **Highlights:** Display of live potted medicinal saplings (*Bhanga*, *Tulsi*, *Amalaki*, *Aloe Vera*, *Nimb*) accompanied by detailed botanical profile charts prepared by students[cite: 8].

🖼️ **EVENT PHOTO GALLERY (UPLOAD OR PASTE IMAGES BELOW)**

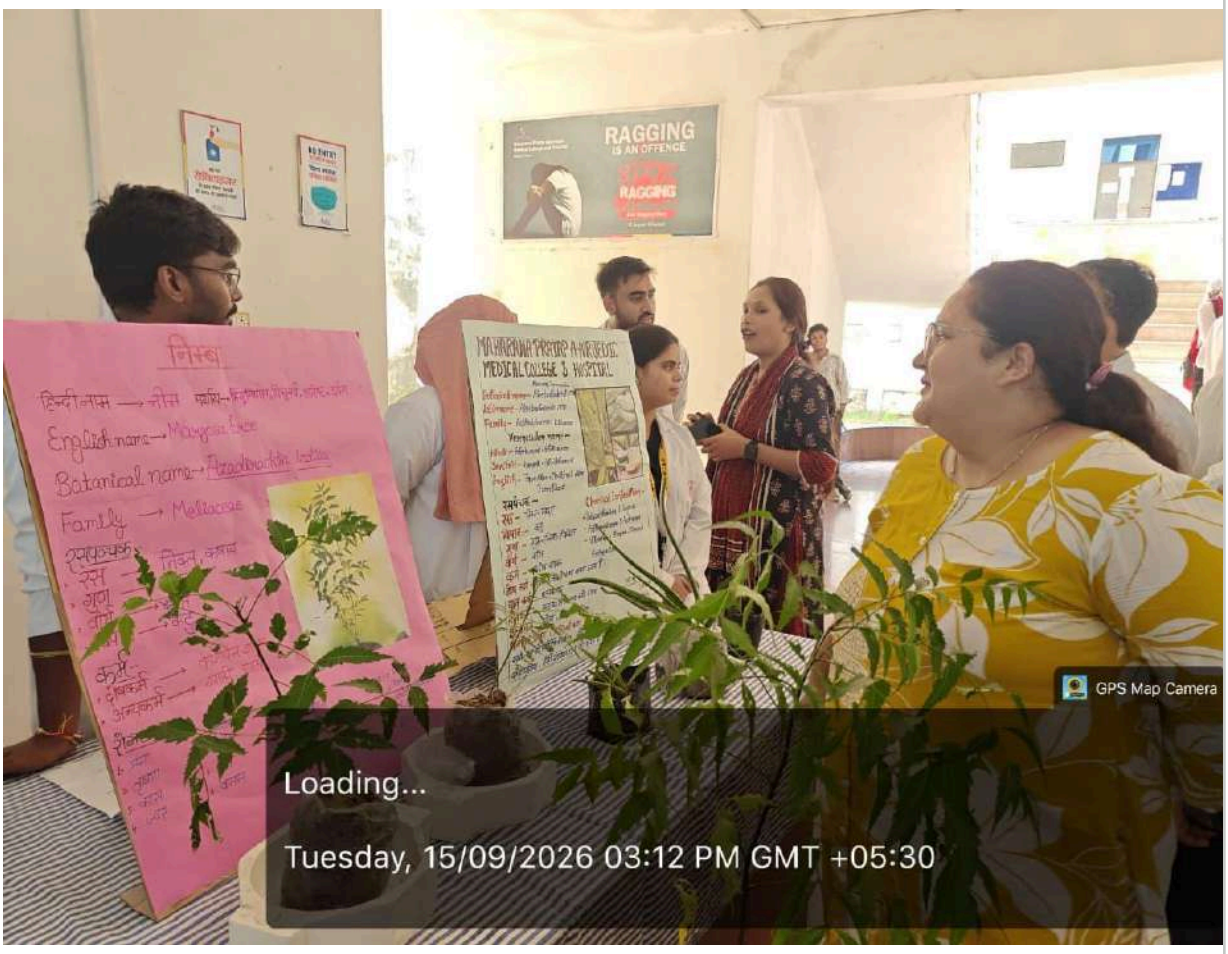
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MAHARANA PRATAP AYURVEDIC
MEDICAL COLLEGE S H.
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Mpcw, Mpcw Rd, New Kanpur City, Uttar Pradesh 209217, India
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[cite: 8]


सेनिटाइजर
NO ENTRY
WITHOUT MASK
बिना मास्क प्रवेश वर्जित
MAHARANA PRATAP AYURVEDIC MEDICAL COLLEGE & HOSPITAL
Aloe vera Tourn. ex Linn.
Botanical name ~ Aloe barbadensis Mill
Latin name ~ Aloe barbadensis Mill
Family ~ Asphodelaceae / Liliaceae
Vernacular name ~
Hindi ~ Ghrekumari, Ghikunvar
Sanskrit ~ Kumari, Ghritkumari
English ~ True Aloe, Medicinal Aloe
Burn Plant
रसपंचक ~
रस ~ तिक्त, मधुर
विपाक ~ कटु
गुण ~ गुरु, स्निग्ध, पिच्छि
वीर्य ~ शीत
कर्म ~ त्रिदोष शामक
दोष कर्म ~ पित्त & कफ दोष का
धातु कर्म ~ बल्य, रक्त
मल कर्म ~ मल क
अन्य कर्म ~ ओज,
आमयिक प्रयोग
सभी त्वचा का
सोरायसिस, कैंसर
Chemical Composition ~
- Polysaccharides & Sugars
- Anthraquinones & Anthrones
- Vitamins, Enzymes, Minerals
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[cite: 8]



[cite: 8]

[cite: 8]



🧘 5. Outdoor Yoga Session & Plantation Drive

- **Date & Time:** September 16, 2026 | 11:30 AM – 12:00 PM[cite: 5]
- **Venue:** Hridaypur Village / Campus Grounds[cite: 5]
- **Organizers:** Dept. of Swasthavritta & Yoga and Dept. of Dravya Guna[cite: 5]
- **Highlights:** Practical execution of *Sukshma Vyayama*, *Vrikshasana*, *Tadasana*, and *Pranayama*, followed by free distribution of medicinal saplings (*Oshadhi*) to community members[cite: 5].

🖼️ **EVENT PHOTO GALLERY (UPLOAD OR PASTE IMAGES BELOW)**

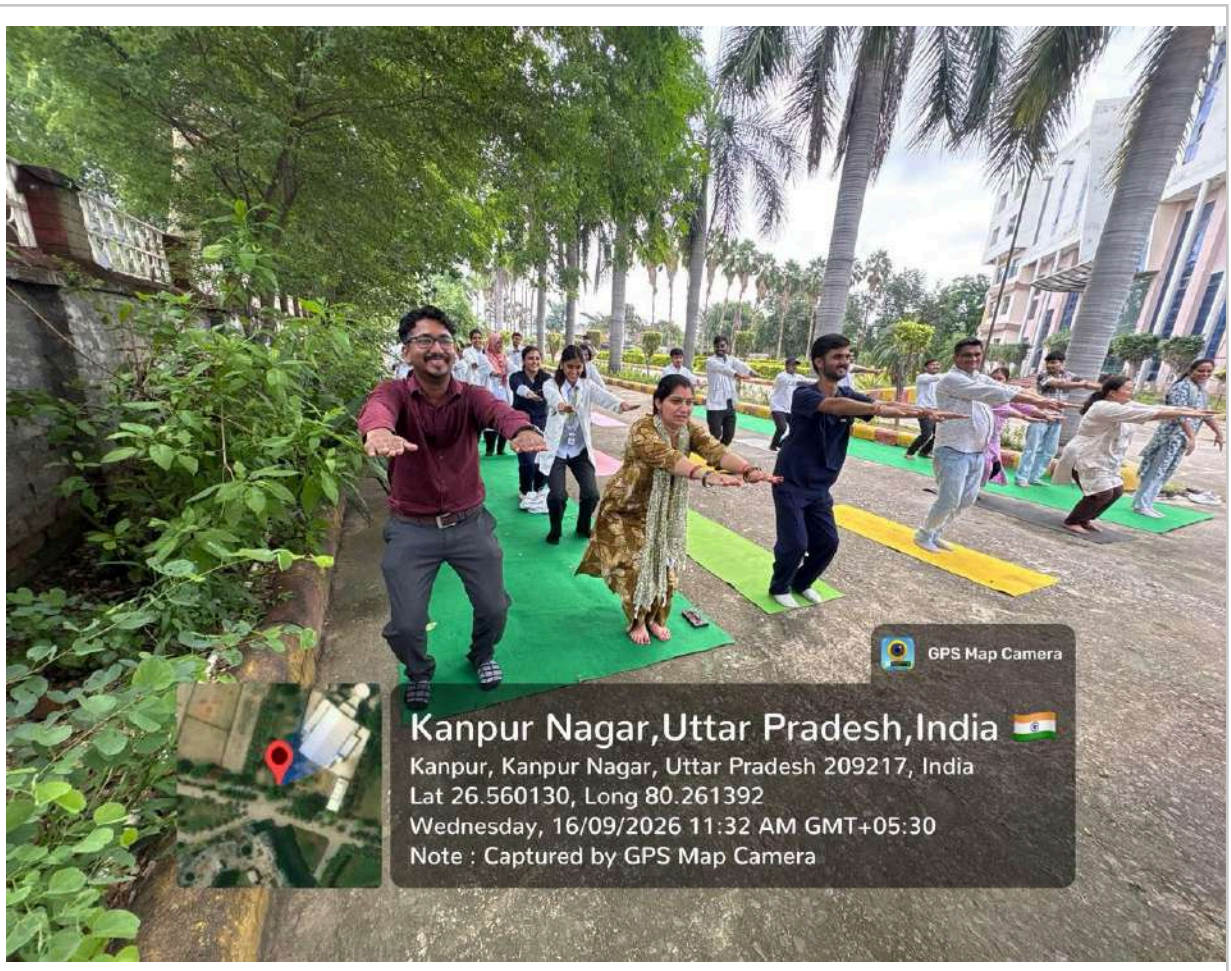

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[cite: 5]

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[cite: 5]


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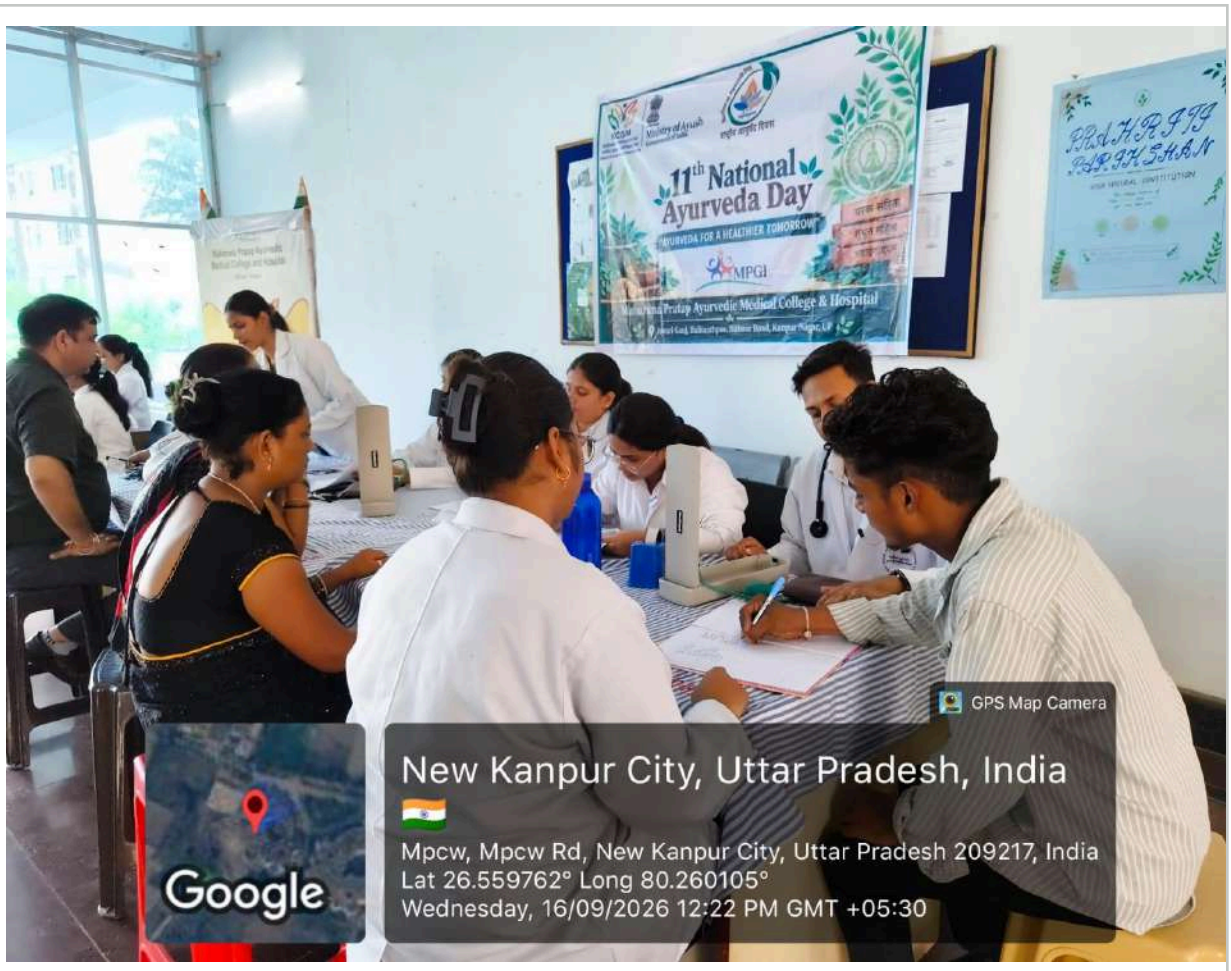

NCISM
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MPGI
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Note : Captured by GPS Map Camera



🩸 6. Prakriti Parikshan & Health Screening Camp

- **Date & Time:** September 16, 2026 | 11:30 AM – 01:00 PM[cite: 4]
- **Venue:** College Entrance Premises, Ishwariganj[cite: 4]
- **Organizers:** Dept. of Kriya Sharir (Dr. Jamuna Urnaw)[cite: 4]
- **Highlights:** Free *Vata-Pitta-Kapha* constitution analysis, *Nadi Pariksha*, blood pressure checks, and random blood sugar tests for visitors and local residents[cite: 4].

🖼️ **EVENT PHOTO GALLERY (UPLOAD OR PASTE IMAGES BELOW)**


11th National Ayurveda Day
AYURVEDA FOR A HEALTHIER TOMORROW
MPGI
Maharana Pratap Ayurvedic Medical College & Hospital
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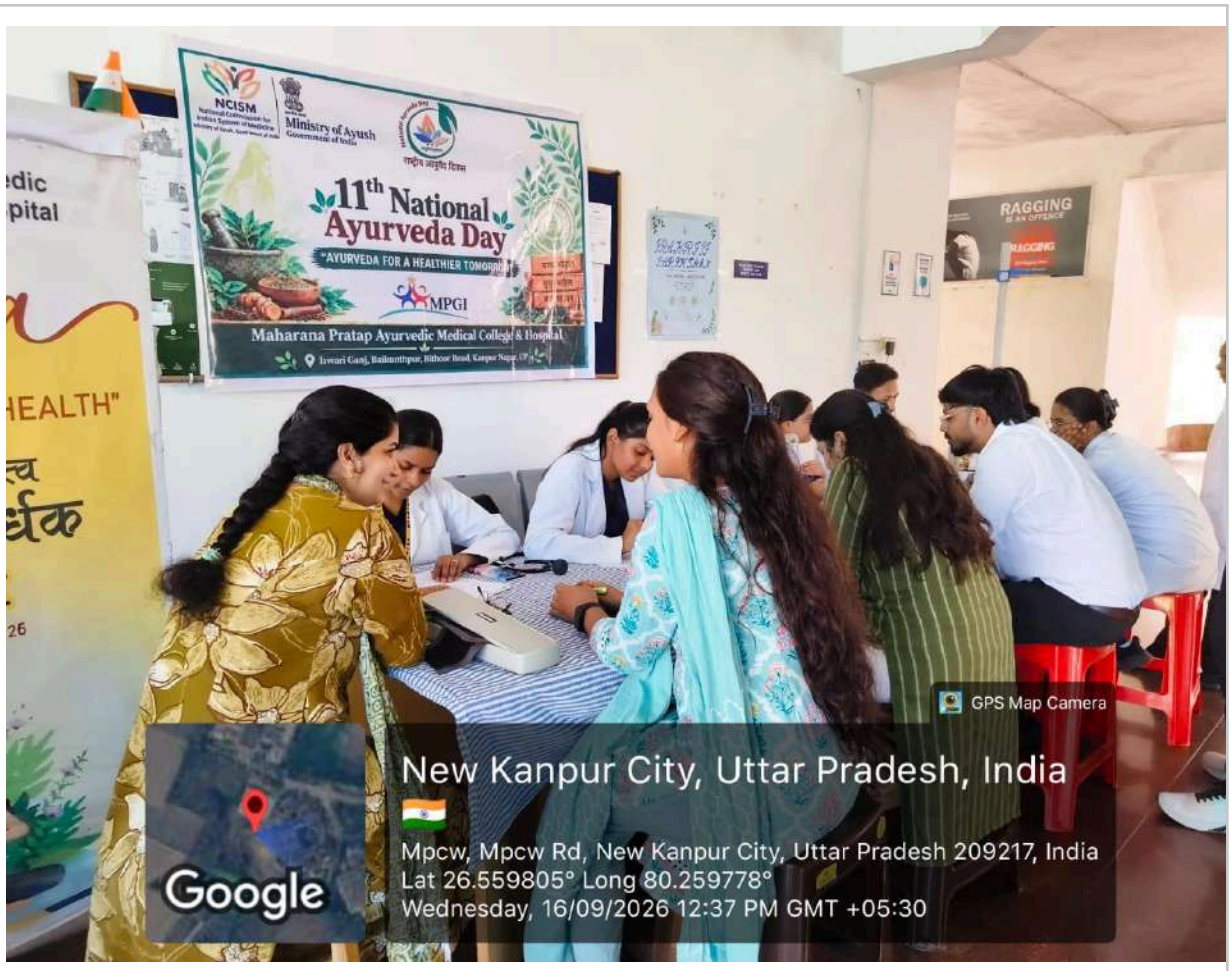
[cite: 4]


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[cite: 4]


11th National Ayurveda Day
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Wednesday, 16/09/2026 12:20 PM GMT +05:30
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[cite: 4]


NCISM
Ministry of Ayush
Government of India
11th National Ayurveda Day
"AYURVEDA FOR A HEALTHIER TOMORROW"
MPGI
Maharana Pratap Ayurvedic Medical College & Hospital
RAGGING
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11th National Ayurveda Day
AYURVEDA FOR A HEALTHIER TOMORROW
MPGI
Maharana Pratap Ayurvedic Medical College & Hospital
GPS Map Camera
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[cite: 4]



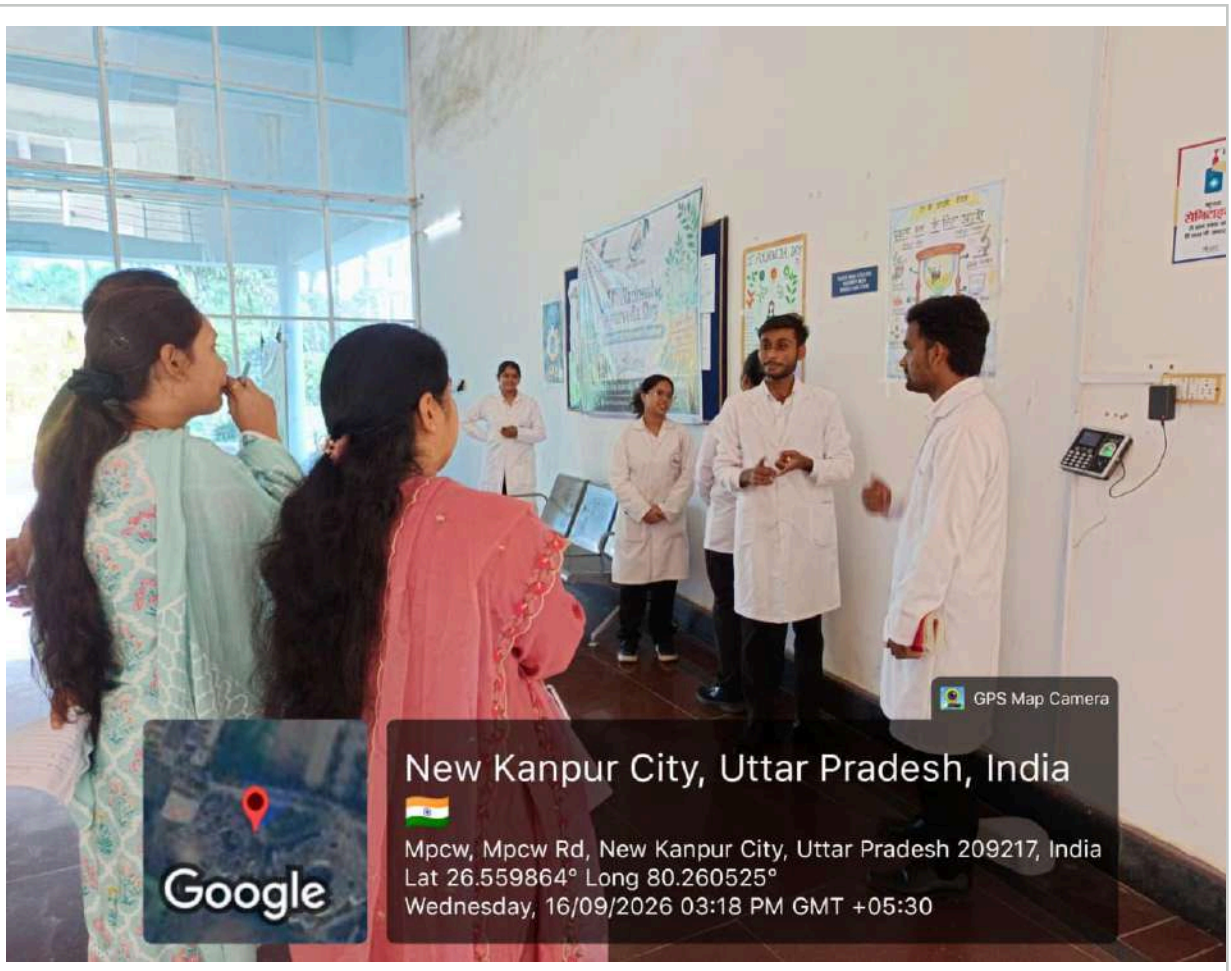
📊 7. Samhita-Based Poster Competition

- **Date & Time:** September 16, 2026 | 03:14 PM – 03:32 PM[cite: 6]
- **Venue:** Ground Floor Entrance[cite: 6]
- **Nodal Officer:** Dr. Nitin Awadhiya[cite: 6]
- **Highlights:** Visual poster presentations illustrating classical principles from *Charaka Samhita*, *Sushruta Samhita*, and *Astanga Hridayam*[cite: 6].

🖼️ **EVENT PHOTO GALLERY (UPLOAD OR PASTE IMAGES BELOW)**


11th National Ayurveda Day
Maharana Pratap Ayurvedic Medical College & Hospital
GPS Map Camera
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[cite: 6]


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AYURVEDA DAY
Partner With Amrutam
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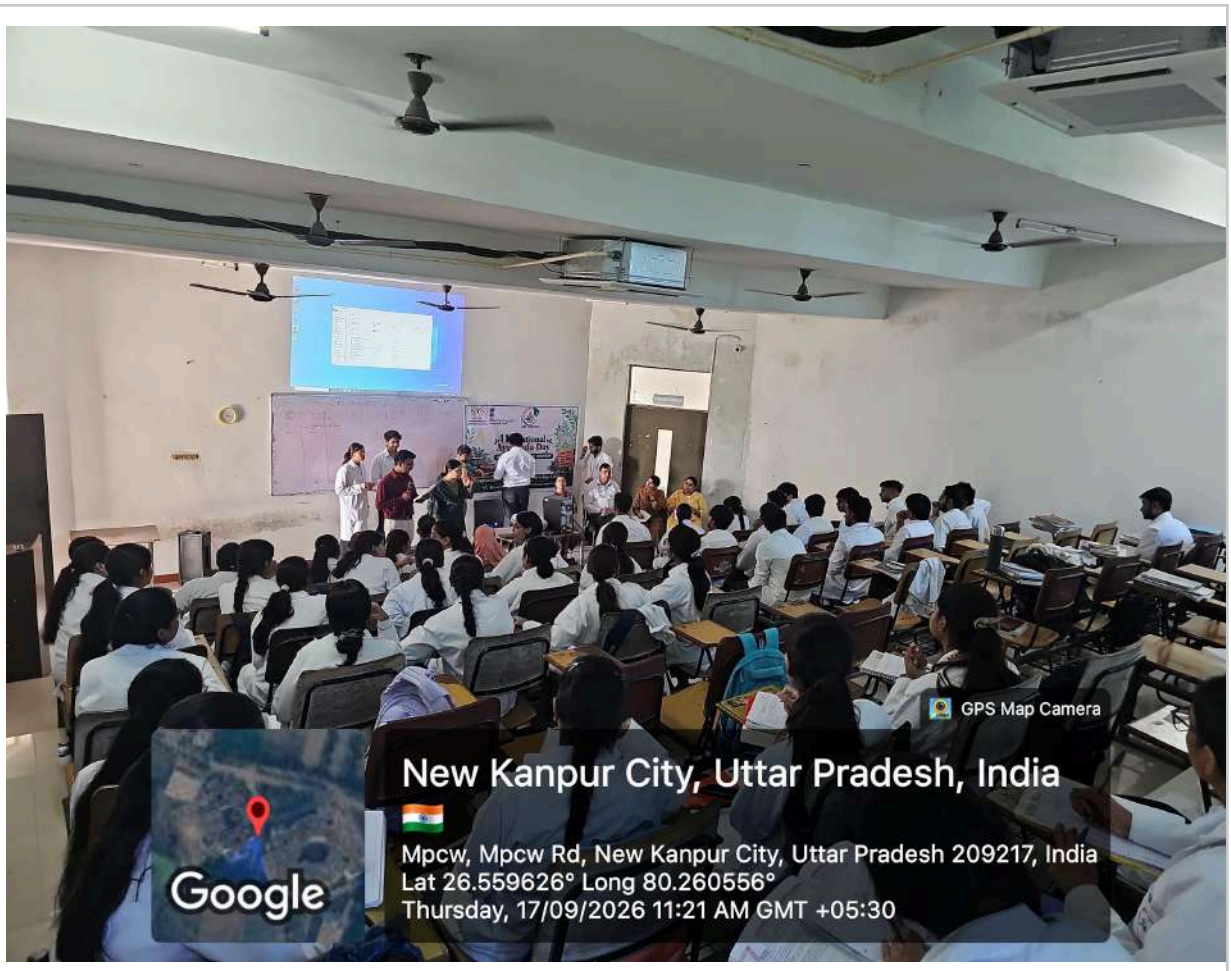
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🧠 8. Classical Quiz & Reels Competition

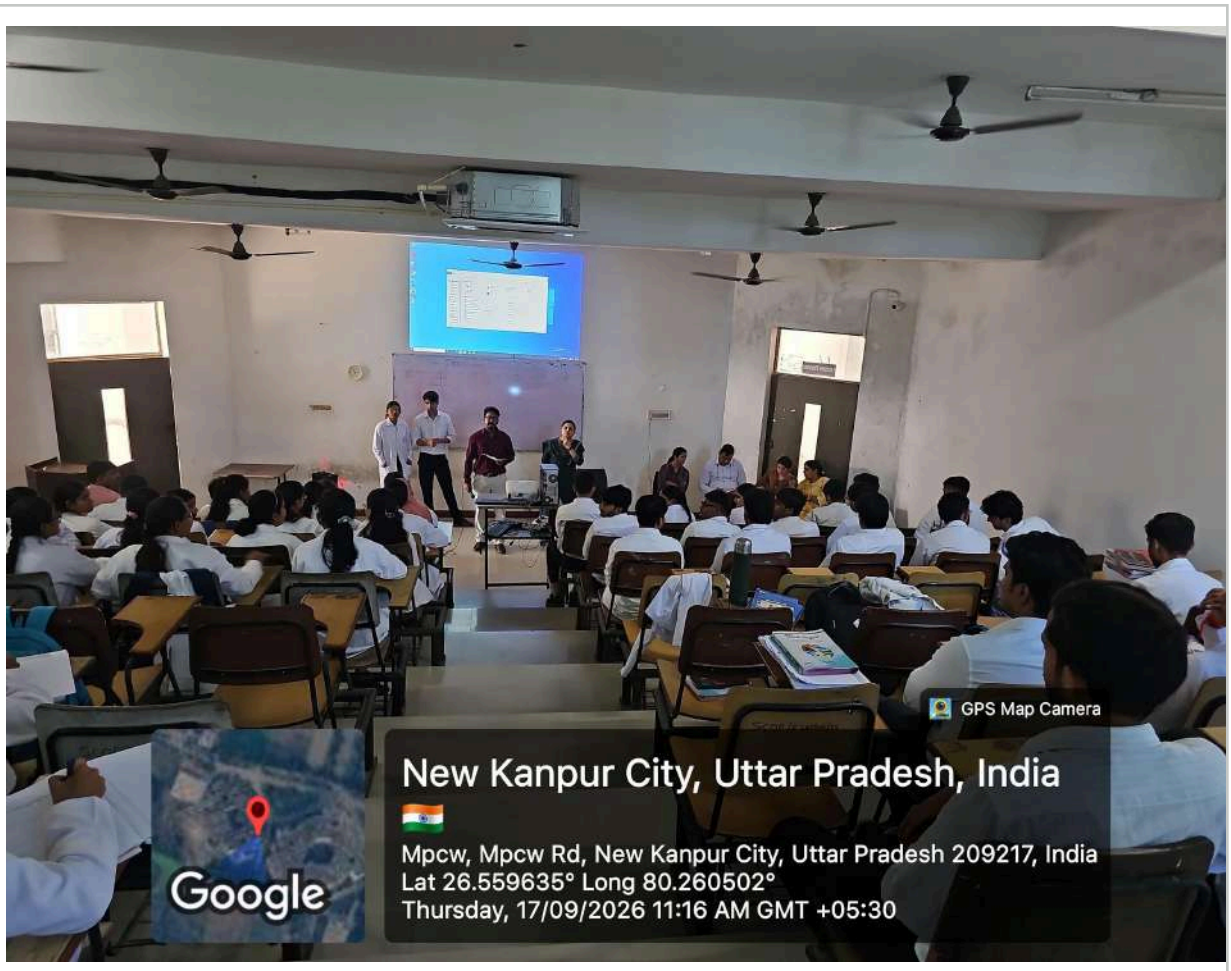
- **Date & Time:** September 17, 2026 | 11:16 AM – 02:49 PM[cite: 7]
- **Venue:** Lecture Hall 2[cite: 7]
- **Judges/Coordinators:** Dr. Nitin Awadhiya, Dr. Akhilesh Kanth, Dr. Stuti Sharma, Dr. Rahul Sharma[cite: 7]
- **Highlights:** Multi-round competitive quiz covering core Samhita topics alongside digital video reel presentations on preventive health concepts[cite: 7].

🖼️ **EVENT PHOTO GALLERY (UPLOAD OR PASTE IMAGES BELOW)**


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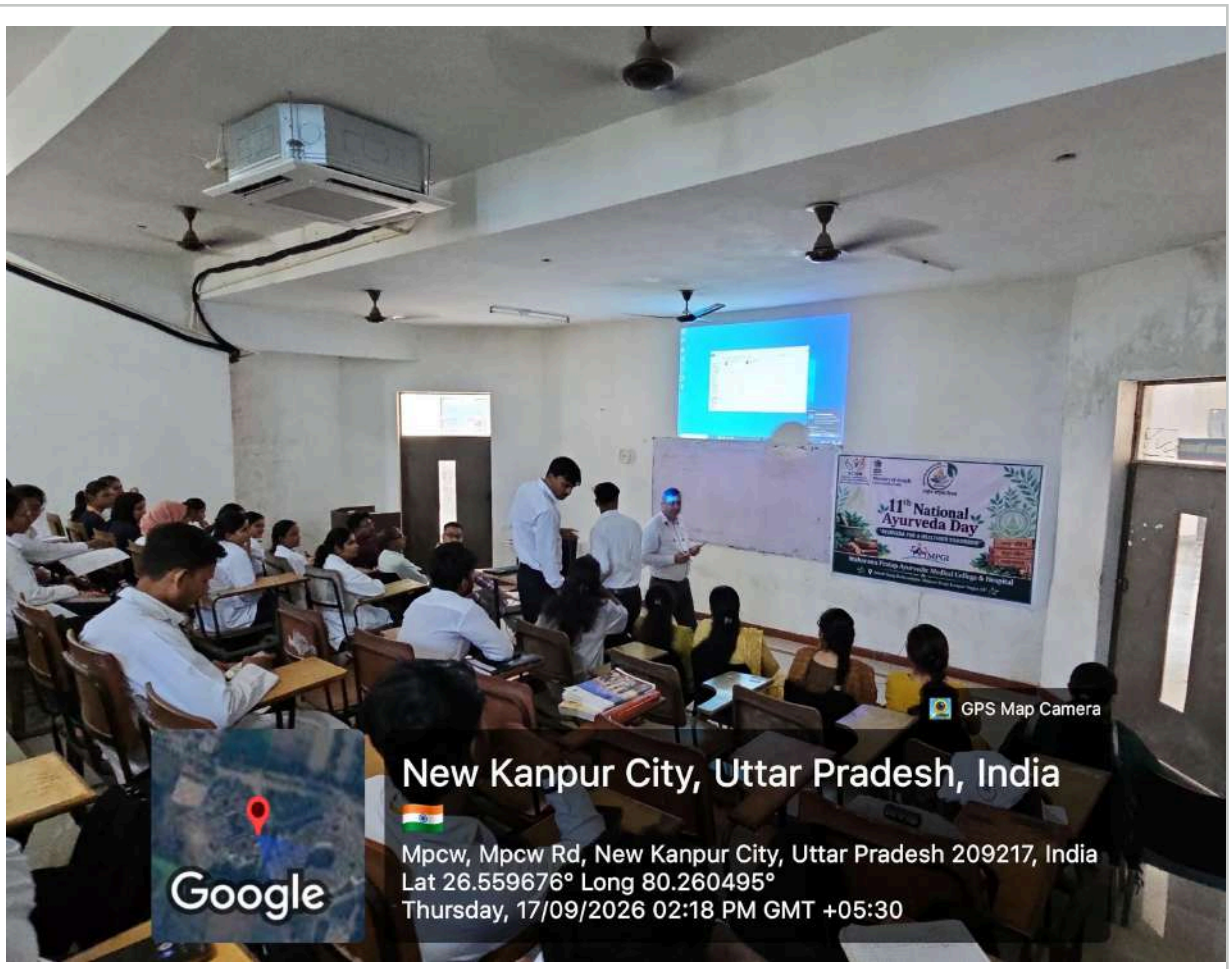

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11th National Ayurveda Day
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🏫 9. Gurukul Health Camp & School Outreach

- **Date & Time:** September 18, 2026 | 10:30 AM – 01:30 PM[cite: 9]
- **Venue:** Shree Netrapal Gurukul Ved Pathshala, Bithoor[cite: 9]
- **Lead Doctors:** Dr. Prashant Tiwari & Dr. Manish Mishra[cite: 9]
- **Highlights:** Comprehensive clinical examination of 60 students, free Ayurvedic medicine distribution, and practical demonstrations of *Surya Namaskar* and hygiene practices[cite: 9].

🖼️ **EVENT PHOTO GALLERY (UPLOAD OR PASTE IMAGES BELOW)**



[cite: 9]


श्री नेत्रपाल गुरुकुल वेद पाठशाला

[cite: 9]


11th National
Ayurveda Day

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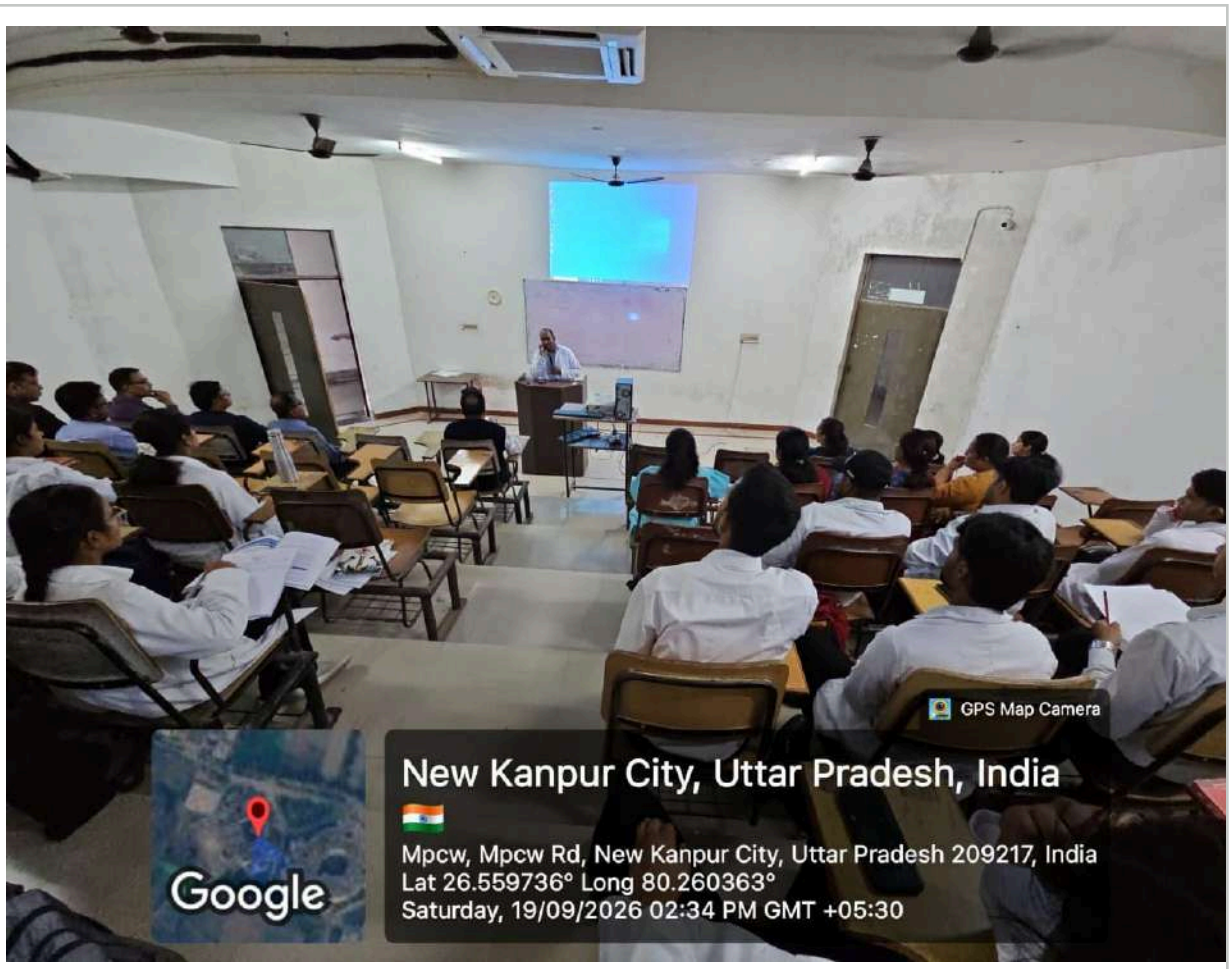
📢 10. Patient Awareness Talk: Metabolic Health

- **Date & Time:** September 19, 2026 | 02:26 PM – 02:34 PM[cite: 10]
- **Venue:** MPAMC Hospital Premises[cite: 10]
- **Speakers:** Dr. Alok Mishra, Dr. Manish Singh, Dr. Daljit Kour, Dr. Rahul Sharma[cite: 10]
- **Highlights:** Interactive public health awareness lectures on lifestyle modifications, preventive dietetics, and Ayurvedic management of Diabetes and Hypertension[cite: 10].

🖼️ **EVENT PHOTO GALLERY (UPLOAD OR PASTE IMAGES BELOW)**


GPS Map Camera
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Mpcw, Mpcw Rd, New Kanpur City, Uttar Pradesh 209217, India
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Saturday, 19/09/2026 02:34 PM GMT +05:30
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[cite: 10]


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[cite: 10]

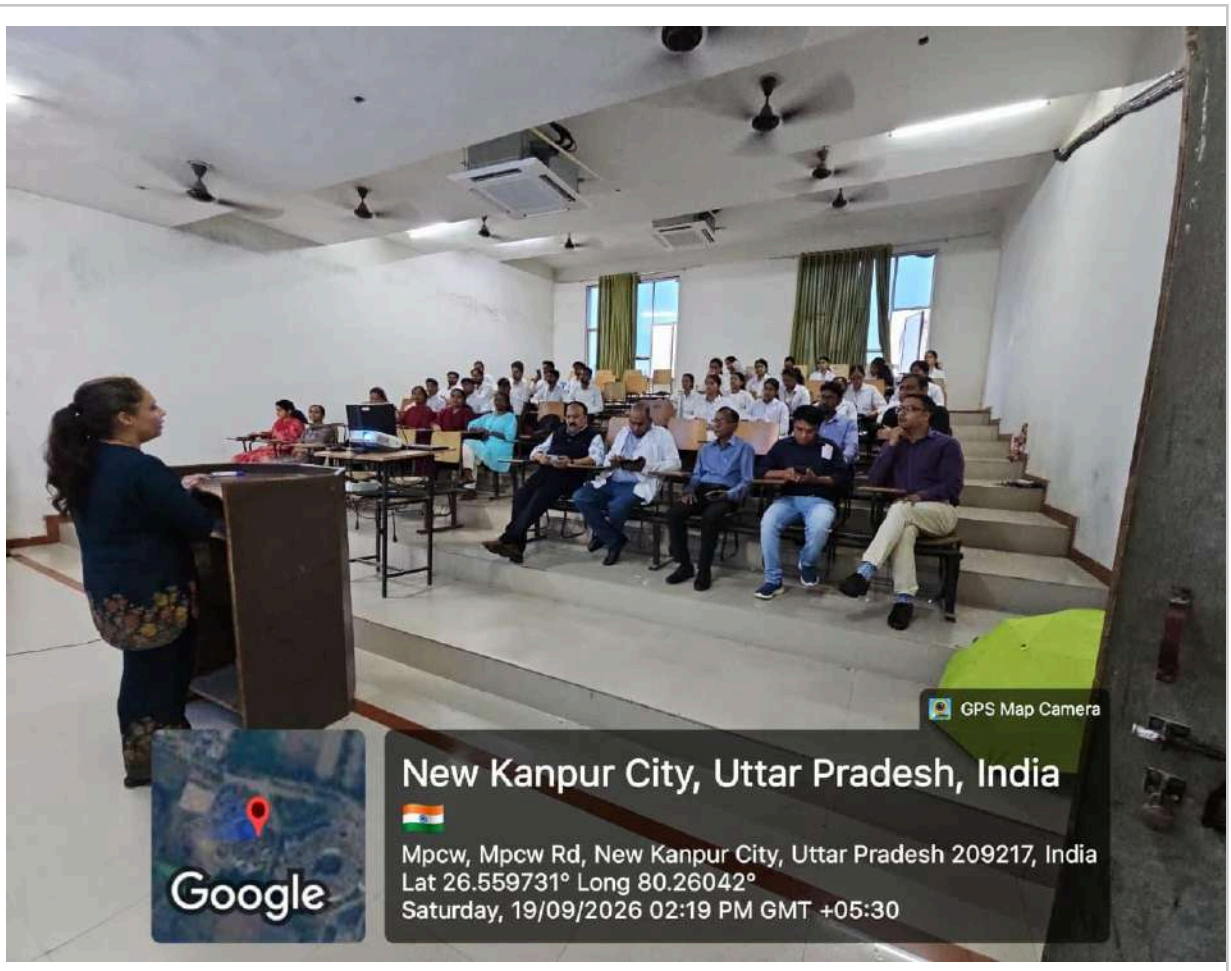

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[cite: 10]


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[cite: 10]


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📣 11. Ayurveda Awareness Rally & Street Play (Nukkad Natak)

- **Date & Time:** September 21, 2026 | 03:19 PM – 03:33 PM[cite: 11]
- **Venue:** Main Entrance Portal, Campus Corridors, and Open Courtyard[cite: 11]
- **Organizers:** Maharana Pratap Ayurvedic Medical College & Hospital[cite: 11]
- **Highlights:**
  - **Awareness Rally:** Flagged off at the main entrance portal, BAMS students, healthcare staff, and faculty marched through campus access roads with banners and placards promoting *Dinacharya* and lifestyle alignment[cite: 11].
  - **Street Play (Nukkad Natak):** Staged in an open courtyard, student performers used interactive drama to contrast modern sedentary lifestyle risks with classical Ayurvedic *Tridosha* balance and preventive living[cite: 11].

🖼️ **EVENT PHOTO GALLERY (UPLOAD OR PASTE IMAGES BELOW)**


11th National Ayurveda Day
GPS Map Camera
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[cite: 11]


MPAMC
11th National Ayurveda Day
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Monday, 21/09/2026 03:19 PM GMT +05:30
Google

[cite: 11]


11th National Ayurveda Day
GPS Map Camera
New Kanpur City, Uttar Pradesh, India
Mpcw, Mpcw Rd, New Kanpur City, Uttar Pradesh 209217, India
Lat 26.560137° Long 80.26118°
Monday, 21/09/2026 03:24 PM GMT +05:30
Google

[cite: 11]


GPS Map Camera
New Kanpur City, Uttar Pradesh, India
Mpcw, Mpcw Rd, New Kanpur City, Uttar Pradesh 209217, India
Lat 26.559948° Long 80.260464°
Monday, 21/09/2026 03:33 PM GMT +05:30
Google

[cite: 11]


11th National Ayurveda Day
GPS Map Camera
New Kanpur City, Uttar Pradesh, India
Mpcw, Mpcw Rd, New Kanpur City, Uttar Pradesh 209217, India
Lat 26.55996° Long 80.260464°
Monday, 21/09/2026 03:31 PM GMT +05:30
Google

[cite: 11]



🥗 12. Ayurvedic Recipe Competition

- **Date:** September 22, 2026[cite: 12]
- **Organizers / Guidance:** Dr. Amit, Dr. Priyanka Yadav, Dr. Priyanka Chauhan, Dr. Rahul[cite: 12]
- **Participating Groups:** 6 Student Teams (*Anjali & team, Divriti & team, Minhaj & team, Nisha & team, Shambhavi & team, Tanu & team*)[cite: 12]
- **Featured Recipes & Stalls:**
  - *Paneer Prakriti Sandwich* & *Pudina Prana Drink*[cite: 12]
  - *Ojas Protein Bowl* & *Rakt Ras Drink*[cite: 12]
  - *Takr (Masala Buttermilk)* & *Healthy Protein Chat*[cite: 12]
  - *Lauki Halwa* & *Ayurvedic Masala Tea / Jhalmuri*[cite: 12]
  - *Mishri Makhana Ras* & *Blue Bloom Ayurvedic Herbal Tea*[cite: 12]
  - *Keto Burger*, *Amrit Lemon Tea*, & *Healthy Protein Chart*[cite: 12]
- **Highlights:** High hygiene standards maintained across all stalls; students showcased therapeutic dietary concepts like *Ojas* enhancement and balanced *Agni*[cite: 12].

EVENT PHOTO GALLERY (UPLOAD OR PASTE IMAGES BELOW)



[cite: 12]



[cite: 12]



[cite: 12]



[cite: 12]



[cite: 12]



🏛️ 13. Main Ayurveda Day Celebration & Cultural Grand Finale

- **Date:** September 23, 2026[cite: 13]
- **Venue:** College Auditorium, MPAMC Campus[cite: 13]
- **Dignitaries & Leadership Present:**
  - **Director:** Prof. Dr. Alok Mishra[cite: 13]
  - **Principal:** Dr. B. P. Patel[cite: 13]
  - **Medical Superintendent:** Dr. Manish Singh[cite: 13]
  - **Academic Coordinator:** Dr. Sumit Pandey[cite: 13]
  - **Nodal Officer:** Dr. Nitin Awadhiya[cite: 13]
- **Program Flow:**

1. **Inaugural Ceremony & Prayers:** Traditional *Deep Prajjwalan* (lamp lighting) followed by *Dhanwantari Vandana* and *Saraswati Vandana*[cite: 13].
2. **Keynote Addresses:** Leadership addresses detailing the global positioning of Ayurveda and its integration in modern healthcare[cite: 13].
3. **Cultural Performances:** Included *Prarthana Nritya* (devotional prayer dance), devotional songs, and theatrical skits depicting clinical success stories[cite: 13].
4. **Prize Distribution:** Certificate and award presentation for all winners of competitions held since September 10th[cite: 13].

🖼️ **EVENT PHOTO GALLERY (UPLOAD OR PASTE IMAGES BELOW)**



[cite: 13]


Greetings
11th Ayurveda Day
Ayurveda for a Healthier Tomorrow
NCISM
Ministry of Ayush
Government of India
राष्ट्रीय आयुर्वेद दिवस
11th National
Ayurveda Day
ALTHIER TOMORROW"

[cite: 13]



[cite: 13]


11th Ayurveda Day
NCISM
National
rveda Day
INSTITUTION'S
INNOVATION
COUNCIL

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GPS Map Camera
Google
Kanpur, Uttar Pradesh, India
F7x8+h3h, Kanpur, Uttar Pradesh 208024, India
Lat 26.498474° Long 80.265852°
Wednesday, 23/09/2026 10:56 AM GMT +05:30

📋 CONSOLIDATED EVENT SUMMARY & PHOTO INDEX

#	Event Name	Event Date	Main Venue / Location	Image Embed Support
1	**Seminar: Panchgavya Therapy**	Sept 10, 2026	Seminar Hall, A-Block	6 Image Embeds
2	**Rangoli Competition**	Sept 14, 2026[cite: 2]	Ground Floor Hallway[cite: 2]	6 Image Embeds
3	**RSBK Formulations Exhibition**	Sept 15, 2026[cite: 3]	MPAMC Exhibition Hall[cite: 3]	6 Image Embeds
4	**Dravya Guna Plant Exhibition**	Sept 15, 2026[cite: 8]	Campus Exhibition Area[cite: 8]	6 Image Embeds
5	**Yoga & Sapling Distribution**	Sept 16, 2026[cite: 5]	Campus Grounds / Hridaypur[cite: 5]	6 Image Embeds
6	**Health & Prakriti Screening Camp**	Sept 16, 2026[cite: 4]	College Entrance Premises[cite: 4]	6 Image Embeds
7	**Samhita Poster Competition**	Sept 16, 2026[cite: 6]	Ground Floor Entrance[cite: 6]	4 Image Embeds

8	**Classical Quiz & Reels Contest**	Sept 17, 2026[cite: 7]	Lecture Hall 2[cite: 7]	6 Image Embeds
9	**Gurukul Health Camp Outreach**	Sept 18, 2026[cite: 9]	Shree Netrapal Gurukul[cite: 9]	6 Image Embeds
10	**Metabolic Health Public Talk**	Sept 19, 2026[cite: 10]	Hospital Premises[cite: 10]	6 Image Embeds
11	**Ayurveda Rally & Street Play**	Sept 21, 2026[cite: 11]	Campus Drive & Courtyard[cite: 11]	6 Image Embeds
12	**Ayurvedic Recipe Competition**	Sept 22, 2026[cite: 12]	College Event Hall[cite: 12]	6 Image Embeds
13	**Grand Finale & Prize Distribution**	Sept 23, 2026[cite: 13]	College Auditorium[cite: 13]	6 Image Embeds

🏁 CONCLUSION

The two-week celebration of the 11th National Ayurveda Day at Maharana Pratap Ayurvedic Medical College & Hospital successfully brought together academic rigor, community service, cultural artistic expression, and healthy living practices[cite: 1, 3, 4, 8, 9, 11, 12, 13]. Through unified effort across all departments, the institution reinforced the enduring importance of Ayurveda for a healthier tomorrow[cite: 1, 3, 4, 5, 8, 9, 11, 13].